# Community Advisory Network (CAN) Meeting

# Zoom Call

January 22, 2021 at 10:00 a.m.

## 1. Family First Update

Patti Jo discussed the Family First Update that will be going into effect October 2021. The Family First Act will use prevention services. Services to prevent children from entering foster/kinship care. Ohio recognizes the need to utilize a phased approached to implantation. Phase one will include:

## Mental Health

- Multi-Systemic Therapy (MST): MST is an intensive family and community-based treatment for serious juvenile offenders with possible substance use issues and their families. The target population is 12 to 17-years-old who are at risk of out-of-home placement due to delinquent behavior. MST is rated well-supported with the Title IV-E Prevention Services Clearinghouse. Ohio has implemented MST in 13 counties thus far with 14 teams practicing the intervention.
- Functional Family Therapy (FFT): FFT is a short-term prevention program for at-risk youth and their families. For 11 to 18-year old youth who have been referred for behavioral or emotional problems.

#### Substance Use

OhioStart (Sobriety, Treatment and Reducing Trauma): An evidence-informed children services led intervention model that helps Public Children Services Agencies (PCSAs) bring together caseworkers, behavioral health providers, and family peer mentors into teams dedicated to helping families struggling with co-occurring child maltreatment and substance use disorders. OhioStart is currently being implemented in 6 counties throughout the state.

# In-home parenting

 Healthy Families America (HFA): A home visiting program model designed to work with families who may have history of trauma, intimate partner violence, mental health issues, and/or substance use issues. Services are offered to families during pregnancy or at the time of birth of their child and can be provided long term.  Parents as Teachers (PAT): A home-visiting parent education program that teaches new and expectant parents skills intended to promote positive child development and prevent child maltreatment.

A discussion was held about the individual prevention services that will be implemented in phase 1.

Phase 2 interventions will be introduced after July 1, 2021. Ohio plans to implement the following interventions:

- Evidence-Based Practice
- Seven Challenges
- High Fidelity Wrap Around
- Incredible Years
- Motivational Interviewing
- Triple P

From phase 2 motivation interviewing has a rating the others listed in phase 2 still need to go through the clearinghouse and receive a rating.

# 2. OhioSTART Update

Chris Turcola, Direct Service Manager and Deanna Wise, Supervisor for the OhioStart program, with Lorain County Children Services (LCCS) shared information about the OhioStart Program.

The OhioStart (Sobriety, Treatment and Reducing Trauma) program started in 2019 at LCCS. LCCS has reached out to 3 dozen families to participate in the program and has been able to serve 11 families, 21 children and 7 families are engaged in the program now. The program participants have a LCCS Casework and a Family Peer Mentor. Eligibility for the program is to have a 3 out of 6 on the UNCOPE (substance screening tool) and to have an open case with LCCS. Once the family has agreed to participate, there is a strict timeline that needs to be followed. LCCS is hoping to become accreted soon and hoping to have more staff trained on the UNCOPE tool so the program can grow and expand.

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## 3. Updates and Information

- Heather Distin from the MHARS board discussed the Community of Hope program. It's a relationship-based service that mentors young people aged 18-25 who have aged out of foster care and/or experienced trauma and been involved in any of the systems: mental health, substances use, juvenile court, children services and/or developmental disabilities. The program uses a national model called Open Table. Community of Hope is looking for volunteers in Lorain County to commit to one hour a week. Melanie will send out the information to the CAN group.
- Brenda Hernandez from Catholic Charities mentioned a virtual baby shower for pregnant or new moms. The virtual baby shower will be on January 27 from 11 a.m. to 12 p.m. and focus on programs, resources and support for new moms.
- Jose Flores from LACADA discussed Project AMP. Project AMP is a mentoring program that is expanding to include all teens not only with substance use involvement but any self-defeating behaviors that could cause barriers to success. This is a short-term intervention that utilizes evidence based practices to engage youth during a mentoring process. Melanie sent out an email before the CAN meeting.

Patti Jo thanked everyone for coming and mentioned that if your agency would like to present at the next upcoming CAN meeting to send her an email.